



**"NeW" PASTOR'S CORNER**

Williamsville United Methodist Church  
 5681 Main Street, Williamsville, NY 14221  
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Williamsville United Methodist Church  
**The Methodist Messenger**

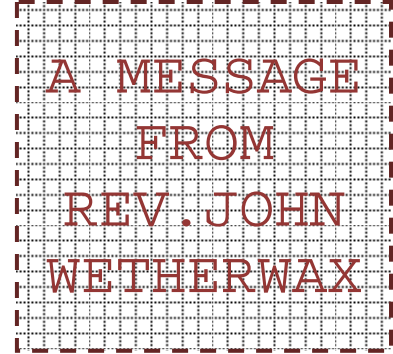
Hello,

When I was asked a year ago by District Superintendent, Natalie Hanson, to come to Williamsville as a quarter time pastor, I had no idea one year later I would be your new lead pastor. My past year in ministry with you has been very enjoyable and I am looking forward to this next year especially because I will be able to spend more time with you.

The plan is: I will serve ½ time at Williamsville UMC and continue my counseling therapist position at Child & Adolescent Treatment Services and Rev. Gail Lewis will serve ½ time at Williamsville as a retired pastor. Gail will be at the church on Monday & Tuesday and I will be there on Tuesday & Thursday. Daryl Bennett will be working ¾ time and will fill in the gaps and of course, all three of us will be there on Sunday for worship. I will also **always** be available to you via telephone and email ([wetherwaxlake@aol.com](mailto:wetherwaxlake@aol.com)).

I want to briefly share with you my ideas of what I think is the purpose of the church. Congregations share many things in common and also have many differences. There are differences in age, gender, culture, education, heritage and even what is important to believe as Christians. Different is not wrong; it is just different. Despite our differences, I believe there are four things that have to be a part of every church.

*Continued on Page 2*



**PUT SUMMER MUSIC ON YOUR CALENDAR**

The **Ring Masters Handbell Ensemble**, which rehearses here at WUMC, will be in concert on **Wednesday, July 16** at the 30th Annual Summer Carillon Concert Series at Calvary Episcopal Church (corner of Milton and Cayuga). The Carillon Concert starts at 7 pm. Bring a lawn chair (folding chairs are available) and enjoy this part of the concert outside. The second concert, featuring The Ring Masters, will be held in the air conditioned church fellowship hall. If the weather is inclement, both concerts will be held inside.

The Carillon Series take place on the Wednesdays in July and on August 6. Each program begins with a carillon concert by a nationally or internationally known carillonneur. The second concert features a variety of performers over the five-week series. The Carillon Concerts are a wonderful way to spend a summer evening. Food and beverages will be available before the first concert.

*Pastor's Corner (continued from page one)*

### **Worship**

The word worship comes from the old English word *worship* which means *to declare God's worth*. As Christians, we gather together in worship to declare God's worth by remembering and celebrating God's acts of salvation. We even do this in different ways such as Taize, King's Kids, contemporary & traditional worship.

### **Spiritual Growth**

Gaining insight and maturity into who we are as children of God as we travel toward the goal of becoming *truly human*.

### **Healing**

As imperfect people, letting go of the past, living in the here and now, and looking forward to the future. As Saint Paul wrote *once we were no people, now we are God's people*.

**Fellowship** *Koinonia*, Christian fellowship, gathered together as a community of Christ we share our lives together in work, learning, fun, and worship.

I believe my role as a minister is to make sure these four things happen in a church. Of course, some of the ways I may do ministry may be different than Pastor's Gail's way. It does not mean what she did was wrong, it only means I am different than her.

I believe in the power of laity and the members of the congregation being responsible for their church. People need to be trusted to do the job given to them. Folks need to be allowed to fail. If you follow along and never let your toddler fall, he or she will never learn to walk.

Thank you, for your kindness and support this past year and keep me in your prayers as your new pastor in this 2008-2009 church year.

Yours in Christ,

Rev. John Wetherwax



### **A Special Thanks ...**

I want to sincerely express my gratitude to all of you who have made my eight years here at WUMC such wonderful times to remember. I also want to express my appreciation for the celebrations of my ministry and for all the hard work that went into them. Your generous gifts to me are overwhelming, but even more than these, I treasure the times we spent together and the relationships we have developed. Although I will be officially retired, I will still be hanging around and helping out wherever John and Daryl need me.

This too, is a gift, since it allows me to put on the brakes slowly instead of slamming to a stop! Not many congregations would be able to adjust to this, as I know you will. Again, thanks to each and every one of you from the bottom of my heart!

Blessings, and Love,  
Pastor Gail

## The Caring Corner

### A Special Therapy Dog Ministry

As part of the Membership Care Team, my dog Teddy Bear and I volunteer at Women and Children's Hospital as Therapy Dog Volunteers. As volunteers, we visit a wide variety of sick children and moms and dads on floors 7-10. It also must be noted that Teddy Bear is one of 5 registered Therapy Dogs that volunteer at the hospital. Teddy Bear's visits put a smile on a sick child's face and their parents thank us for taking the time to visit. These visits are special and mean a lot to these kids, some of whom are far away from home and missing loved ones (including a favorite pet). There have been several times where the kids will pet my dog for 40 minutes straight and all Teddy Bear does is sit there, smiles, gives kisses, and looks content. On our visits, we see an average of 20-30 young patients. He also gets "spoiled" by hospital staff and moms and dads. These are very special visits to both of us. Each time we leave, we both feel deeply satisfied knowing that we made someone's day that much easier to get through and a little more normal.

As a Therapy Dog, Teddy Bear has a special gift from God, as not all dogs can be Therapy Dogs. To become a Registered Therapy Dog, Teddy Bear had to earn his Canine Good Citizenship Certificate. To earn this Certificate, the dog has to pass a series of tests which include the basic commands of sit and stay, down and stay, allow a stranger to touch him, be able to be around medical equipment and not let it phase them, have a gentle disposition, etc.

This is a 23 part test done mostly on observation. Teddy Bear passed all the tests and received his Canine Good Citizenship Certificate in December 2005. Since then, we have gone to different places for visits, and every time, Teddy Bear leads me into the building. Teddy Bear is a 9 year old Bichon Frise (his birthday is on June 16th!) and is friendly, cute, very smart, and as he likes to say, and handsome, too! For the last 9 years, has been a special joy in my life that words cannot possibly begin to describe.

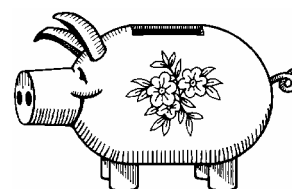
*Submitted by Kathy Meyer and  
Teddy Bear*

### SCRIP ...IS COMING!

Watch your mailbox for some exciting news about a [new fundraising program](#) for our church. SCRIP involves **NO selling**, and works for us while you do some of your regular shopping.

The complete details will arrive at your home about the end of the first week in July in one of our old "Messenger Mailing" envelopes. Please read the information and jump on board to help us raise income for shared ministries, programs, missions and the general budget!

**We can't do it without YOU !**



# STEWARDSHIP

## Going Green: Six Things Churches Can Do to Help the Environment<sup>1</sup> Part 2

*"The LORD God took the man and put him in the Garden of Eden to work it and take care of it."*  
Genesis 2:15 (NIV)

Part 1 of "Going Green" discussed three ways that our church can be good stewards of the earth. WUMC has taken some steps to help the environment such as providing a recycling bin for magazines and other publications. This month Part 2 of "Going Green" provides three more ideas for how our church can be God's stewards of the earth by reducing our carbon footprint.



#### 4. Carefully Manage Hazardous Materials and Properly Dispose of Hazardous Waste.

Many common products can pose a safety hazard or harm the environment if handled or disposed of improperly. Examples of waste materials that should not be disposed as municipal trash include: paints, solvents, pesticides, spent batteries, fluorescent lamps, and cleaning solvents. The following are some tips to consider when our church manages hazardous materials.

- Make sure all hazardous materials are safely stored. Where possible use metal cabinets and always segregate incompatible chemicals.
- Periodically inspect storage areas for unused and out dated products. Dispose of identified materials in accordance with city waste management regulations.

- Make sure vendors we contract to complete work understand our desire to use "green" products whenever possible, and that we expect hazardous materials from the project to be disposed of appropriately.

#### 5. Use Low-VOC Paints.

Although latex paints contain less VOCs than oil-based paints, nearly all paints emit significant quantities of smog forming VOCs when used. By selecting the paint with the lowest possible VOC content you can help to reduce air pollution. Responding to air quality concerns several paint manufacturers have introduced "low-odor" interior paints as well as standard low-VOC latex paints. Although these paints are not intended for every application, they work well for painting interior wallboard, plaster, and wood surfaces that are not exposed to wear or dirt buildup. Low odor paints are not intended for surfaces that are subjected to repeated cleaning such as doors and kitchen walls. Standard low-VOC paints work well where durability is a major issue. For more information on environmentally preferred paints, go to <http://www.greenseal.org/> or <http://www.paintinfo.com/>.

*Continued on page 5*

*Stewardship (continued from page 4)*

### 6. Incorporate Environmental Programs in Church Activities.

Where possible incorporate environmental programs into everyday church activities. The following are some examples of environmental programs that may be incorporated into the life of the church.

- Plan an Earth Day Worship Service.
- Encourage youth and adult groups to participate in local cleanup days and other environmental events.
- Plan a fund raiser that includes collecting recyclables.

Finally, let remember to take a few moments each day to enjoy the beauty of God's creation.

Submitted by Sondra Scott

### KINGDOM BOUND (YOUTH IN HIGH SCHOOL THIS FALL THROUGH COLLEGE)

There are still some openings for youth to join us **August 3 – 6<sup>th</sup>** at Darien Lake for 4 days and 4 nights of concerts, worship and rides at **Kingdom Bound '08!** We're renting 2 RV's (one for guys, one for girls). Each camper sleeps 6 although we can set up a tent or two if we need to. Each RV is equipped with a shower, stove, fridge and most importantly air conditioning! The cost is \$250 which includes the all event wristband to get into the park and concerts, breakfast and dinner every day (lunch can either be purchased in the park at your own expense or make a sandwich back at camp), and of course the opportunity to spend four glorious days with your fabulous youth leaders along with thousands of other Christian youth. Check out the Kingdom Bound website at [www.kingdombound.org](http://www.kingdombound.org) to check out the bands and speakers coming!! Deposit of \$100 to reserve your spot is due ASAP to Judy Toone. Any questions please call Judy at 634-4800.



### BOOK CLUB NEWS

The **Book Club Picnic and Pick-a-Book** will be held at the home of Carol and Roger Forden, at 6 pm, **Friday, August 15**. Bring a dish to share and suggestions for our reading list of 2008-09. Book suggestions may be ones you have enjoyed or recommendations from others. Both fiction and non-fiction books meet our criteria of selecting reading which generates discussion and which may be outside our "comfort zone" of genre. If you've been looking for a new group to join, consider the Book Club. We always have interesting discussions and good fellowship. Questions? Contact Ann Killian.

# VACATION BIBLE SCHOOL NEWS

## SURFIN' through the SCRIPTURES!!



### WANTED!!!

Those who have already agreed to let us borrow items for Vacation Bible School can begin to bring their items in whenever it's convenient for them. Please make sure your items are clearly labeled or leave Judy with a list so we know who to return them to afterwards. Thank you all so much for your help! We are still looking for the following items to use for our Vacation Bible School:

**Flippers (fins), inner tubes, tikki torches, boogie boards, surf boards, porch/beach umbrellas with bases**

If you have any of the above items you would be willing to let us borrow for VBS please contact Judy at 634-4800.

### HEY SURFERS UP TO AND INCLUDING 6<sup>th</sup> GRADE - WE'RE HAVING A BEACH PARTY JUST FOR YOU!

Join us this year **July 14<sup>th</sup> - 18<sup>th</sup>** as we surf through the scriptures at our beach party **Vacation Bible school!** We are so excited to once again be hosting this fabulous event for children up to and including 6<sup>th</sup> grade. All are welcome...bring your friends! We'll be learning all about our **Beach Be-Attitudes: Be Obedient, Be Kind, Be Forgiving, Be Bold and Believe!** We will once again be offering a free-will offering dinner available at our "Snack Shack" at 6:00 PM with the Beach Party running from 6:30 - 8:30 PM. Look for our registration table to be open in the Narthex after services.



### CALLING ALL "LIFEGUARD" VOLUNTEERS FOR VBS!!

We are still looking for "lifeguard" volunteers to help out in the following areas: **4<sup>th</sup> through 6<sup>th</sup> grade leader, Snack Shack Cookers and Servers, Rockin' Recreation Leaders, Beachcomber Craft Leaders, Assistant Lifeguards (Youth helpers) and Decorators (those who are clever enough to turn Fillmore Hall into a beach party!**

Anyone interested in helping please call Judy at 634-4800.



## HEALTH CORNER WHAT IS BLOOD PRESSURE?

Submitted by Shelley Kayne

As I have attended the Blood Pressure (BP) clinic for the past three years; lots of questions have cropped up. Many people ask what is blood pressure? I think they are really asking "what do the BP numbers mean?" I'll do my best to explain.

Blood pressure is a measure of force. A measure of blood inside a vessel (artery or vein). Think of your veins, arteries and blood as a garden hose full of water. When the water flows through the hose unimpeded, the water is fairly calm. When a kink in the hose occurs, it causes the water pressure to back up on one side of the kink or increase pressure. The other side of the kink has stopped water flow or has low/no pressure. Transfer this thought process to blood pressure BP readings have two measurements. Systolic( upper or first number )and diastolic (lower or bottom number). Systolic is the peak pressure as when the BP cuff is the tightest on your arm. The diastolic is the lower measure of pressure when the cuff is released. Let it be known that BP will fluctuate. Many things affect BP. It is the body's way of keeping the flow of blood regular. When BP is consistently elevated, it becomes necessary to seek medical advice. An ideal BP = 120/80.\*\*\* Here are some additional terms: pre-hypertension=121-139/81-89. Hypertension= 140/90. "Whitecoat" syndrome is when your BP is only elevated at the doctor's office! Here are some additional thoughts about BP. High BP has NO symptoms. 1:3 adults are hypertensive. It runs in families.\*\*\*

Sometimes I like to make the claim that attending church will lower your BP. It is true that meditation, prayer and reducing stress are ways to stay "on top" of your pressure.

### Great-Grandmother (times 3)!!!

Mary El Minich, a longtime member of WUMC became a great-grandmother to three more babies, all within three days of each other in the month of May! Three of her granddaughters had babies within three days of each other giving Mary a total of 8 great-grandchildren.

### Congratulations!

Benjamin was born to Wendy in Portland, Oregon, Eliser was born to Holly also in Portland and Eleanor (Mary's namesake!) was born to Mariah in Minneapolis, Minnesota.

### CELEBRATE CHILDREN

Our children here at Williamsville UMC are making huge differences in their schools and their communities whether through academics, music, sports and volunteer work as well as extra involvement within our church community. The Christian Education Team would love to highlight those special things happening with our children here each month in our Messenger. Please contact Judy Toone at 634-4800 or [jtoone@williamsvilleumc.org](mailto:jtoone@williamsvilleumc.org) to share the gifts and talents, joys and special achievements of your child/children.



CHRISTIAN ED IS STILL LOOKING FOR  
COMPUTERS!!!



**FAMILY PICNIC FUN!!!**

**WUMC FOOD PANTRY**

The shelves of our food pantry at WUMC are getting quite low. Please try to remember this important ministry when you are in the grocery stores this week. Some of the items we are especially in need of are: rice, cereal, dried beans, powdered milk, tuna, instant potatoes, soup, crackers, stuffing mix, boxed dinners, juice and fruit.

**ATTENTION STARBUCKS LOVERS!!!**

**EVER WONDER WHAT IT WOULD BE LIKE TO WORK AS A BARISTA???**

**VOLUNTEERS WANTED** to help out in the new **Beechwood Bistro** located on the first floor of the Beechwood Nursing Home. It will officially open in the near future. Volunteers just need to be friendly... no past experience needed. It's simple and fun AND **FREE COFFEE** for volunteers! Why not sign up and work with a buddy? There are short shifts available in the morning and early afternoon. If you think you might be interested, call Cheryl Wasson at 504-1888.

**THINGS TO KNOW....**

**Andrew Heximer** graduated on June 5 with his MBA degree from Harvard Business School.

**Jamie Reichard** graduated from University of Detroit Mercy with a Masters in Architecture.

There will be a reception for Gail Lewis to celebrate her retirement after the 10:00 service on **June 29**.

**SUMMER WORSHIP**

For the months of June, July and August when we have one worship service at 10:00 AM, there will be no coffee hour after the service.

**SUMMER CHURCH OFFICE HOURS**

Please note the church office hours will change beginning June 16<sup>th</sup> thru August 15<sup>th</sup>, 2008 to:

Monday - Thursday: 9:00 AM - 1:00 PM

Friday: Office is Closed

***If you want anything added to the bulletin or announcements, please be sure Denise has the information before noon on Wednesday.***

**Our Staff and Lay Leaders Are Here to Help You**

Lead Pastor: John Wetherwax

Associate Pastor: Gail Lewis

Associate Pastor: Daryl Bennett

Directors of Music: Judith Stafford and Wendy Amuso

Director of Christian Education: Judith Toone

Pastoral Assistant for Visitation: Barbara Salterella

Church Administration: Denise Barham

Financial Secretary: Debbie Parise

Custodian: Mary Ann Horey

Custodial Assistant: Cheryl Thomas

Sunday Nursery Care: Kathleen Ciccone,

Amanda Dickerman and Megan Beck

Coordinating Lay Leader: Gary Jones

Communication Ministry: Sondra Scott & Marie Lorwa

Member Care Ministry: Barbara Saltarella

Outreach & Missions Ministry: Kevin Lyttle

Relational Ministries: Donna Seiler

Worship Ministries: Cheryl Thomas

Staff/Pastor Parish Relations Chair: Jack Killian

Trustee Chair: Ed Howard

Stewardship & Finance Chair: Rosemary Elliott

Treasurer: Dave Reichard

Newsletter Editor: Kelly Beckwith